

YOUTH NETWORK GROUP UPDATES - SEPTEMBER 2016

In Attendance:

Community Reintegration HSS-YJ
Integrated Supports for Yukon Youth (ISYY)
LDAY
Youth Achievement Centre
Youth Directorate

[Andria Pedlar](#)
[Aryn Clarke](#) / [Ben Monkman](#)
[Stephanie Hammond](#)
[Edgar Musonda](#)
[Chris Nash](#) / [Gord Kurzynski](#) / [Alexis Miller](#)

Contributed Updates:

BYTE – Empowering Youth
Mindfulness Meditation
Science Adventures – Yukon College

[Shelby Maunder](#)
Ruth Lera
[Heather Dundas](#)

BYTE: Empowering Youth

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Since the last time we were able to attend the meeting in March, things have been busy at BYTE, we have a new Executive Director and some other new staff who have been getting their footing but we've still managed to keep up a busy and exciting schedule:

- Facilitated two Healthy Minds workshops at the 3rd Annual Yukon Schools Social Justice conference at Yukon college
- Hosted a BYTE ConneX in May at Baked in partnership with VFWC as part of Sexualized Assault Prevention Month
- Our team received Consent workshop training from VFWC
- We headed to Faro to facilitate Healthy Minds at the REM Conference, to Old Crow for Caribou Days and facilitated a community screening of This is Our Arctic
- Visited Dawson City to facilitate Healthy Relationships and Safe Partying workshops
- Participated in the Youth Directorate's Leaders in Training retreat at Vista Outdoor Learning Centre and facilitated This is Our Land workshop there
- Helped with the Canada Day Skate comp and the Atlin Music Festival Youth stage
- Facilitated Energizers and Ice breakers at Our Voices gathering
- Facilitated Healthy Minds and Safe Partying workshops in Watson Lake
- We said goodbye to Pavlina and Angela, our Community Outreach Coordinators, and look forward to welcoming two new BYTE staff in to the fold next month!
- We were also a part of the Community Festival during the Royal Visit on September 28 showing photography and film from our "This Is Our Arctic" project

[Integrated Supports for Yukon Youth \(ISYY\)](#)

[Aryn Clarke](#) / [Ben Monkman](#)

867-332-5009

- ISYY is an initiative that is part of Yukon Government's 10 year Mental Wellness Strategy.
- ISYY is an after-hours service for youth 12 to 24 years old and their family. It will be open Tuesday to Saturday from 2pm to 10pm. It will be staffed with one administrative assistant, one manager, one social worker, and two family support workers.
- A partnership is being explored with Health Services to have a nurse provide services out of ISYY in the fall 2016.
- Youth will be able to receive information regarding various workshops taking place out of the space from within YG and community agencies; they will have access to an employment board, a housing board, and a resource board.
- Youth will be able to access information about the various support and services available to them in the community and where applicable the staff will be able to assist youth to make referrals and fill out various forms.
- ISYY will continue to develop and evolve to enhance service delivery, increase collaboration with the various government and non-government orgs to decrease barriers youth face in accessing services.

[Mindfulness Meditation](#)

- Join Ruth Lera Certified Meditation Instructor and MBSR facilitator for a group meditation where we will practice mindfulness together in a supported environment, and discuss any challenges or successes we are having in our personal home practices. Mondays September 12th to November 28th 12:05pm to 12:50pm LDAY – 128A Copper Road Suggested Donation \$10.

[Science Adventures](#)

Heather Dundas, M.Sc. - Coordinator, Science Adventures

Office open Mon-Wed

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scienceadventures.ca yukoncollege.yk.ca

Science Adventures engages K-12 Yukon teachers and students in fun, hands-on science & technology programming. Go to [Science Adventures website](#) for more details on the following (and much more!)

1. The [Scientists Visiting Classrooms](#) project currently has 13 scientist mentors available on the website. Resource for K-12 teachers and local scientists to connect and inspire students.
2. [Yukon/Stikine Regional Science Fair](#) (Grades 4-12) will take place at the Yukon College Gymnasium on Saturday, February 18, 2017.
3. [24th Annual Bridge Building Contest](#) (Grade 3-12 and All-Can categories) in partnership with Engineers Yukon will take place on Saturday, April 8, 2017 at Porter Creek Secondary. Come at 12:00 pm to see the bridges. Testing bridges to destruction starts at 1:00 pm.

Youth Achievement Center

Edgar Musonda, Program Facilitator

867-667-8482

YAC provides day and after-school programs that promote trust, respect and responsibility in youth at risk and young people in the youth justice system. YAC provides programs during the day and evening for young persons aged 12-17 involved within the criminal justice system, and youth at risk. The centre currently offers prevention, education, vocational training, supervision, and recreation programming

Programs offered are; Woodshop, Education Outreach, Fitness and Recreation, Young Men Sports, Cooking, Art, Coaching, Job Hunter and Helping Hands.

Contact Person - Renee Mills

Summer 2016 Challenge in partnership with Skookum Jim Friendship Center and, Alcohol and Drug Services

- Three evenings of learning how to paddle
- Introduction to Moving Water
- River trip to Big Salmon River
- Work Crew summer program in collaboration with Contagious Mountain Bike Club
- Built new biking trail on Mt. McIntyre

Upcoming activities

- Tuesday Fitness program from 3:00pm to 5pm
- Wednesday floor Hockey night (boys) from 4:30PM to 6:30PM at Gadzoosdaa
- Thursday Girls Fitness Program from 3pm to 4:30PM
- Health Empowerment Action Together (HEAT) – Sexual Health program for Youth 14 to 18 years old. Every Tuesday from the 27th of September – total 5 sessions at Splintered Craft.

The next YNG meeting: Tuesday, November 29, 2016 @ 1:15 p.m.
Location: TBD